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| <u>Name of Meet</u>                | <b>Hamilton Y Aquatic Club<br/>Summer Splash 2010</b>  |
| <u>Meet Approval #:</u>            |  |
| <u>Host Club:</u>                  | <b><i>Hamilton Y Aquatic Club</i></b>  |
| <u>Date of Meet:</u>               | 07/13/2010 – 07/13/2010  |
| <u>Location:</u>                   | <b>Facility:</b> DeNunzio Pool at Princeton University located on Faculty Rd, Princeton, NJ<br><b>DESCRIPTION:</b> 8 Lane 50 Meter Pool  |
| <u>Meet Director:</u>              | Chuck Hutton<br>609-240-5409<br><a href="mailto:chuckhutton@optonline.net">chuckhutton@optonline.net</a>   |
| <u>Meet Referee:</u>               | Peter Madley<br><a href="mailto:navypilet@att.net">navypilet@att.net</a>   |
| <u>Meet Marshal</u>                | Chuck Hutton<br>609-240-5409<br><a href="mailto:chuckhutton@optonline.net">chuckhutton@optonline.net</a>   |
| <u>Team Contact:</u>               | Wendi Davies<br>917-439-7137<br><a href="mailto:wendi_davies@hotmail.com">wendi_davies@hotmail.com</a>   |
| <u>Entry Coordinator:</u>          | Chuck Hutton<br>609-240-5409<br><a href="mailto:chuckhutton@optonline.net">chuckhutton@optonline.net</a><br>Make checks payable: HAC Inc.  |
| <u>Entry Deadline:</u>             | All entries will be accepted on a first come basis.<br>No entries will be accepted before: June 21, 2010<br>All entries must be either MM or TM entries.<br>Deadline Date: July 8, 2010<br>Email Entries to: <a href="mailto:summersplash10@optonline.net">summersplash10@optonline.net</a> (email confirmation will be sent)<br>Mail Entries to : HAC Inc., 20 Birchwood Court, Princeton Junction, NJ 08850 <ul style="list-style-type: none"> <li>• Team entries will not be considered as accepted unless the waiver and entry fees have been received.</li> <li>• Meet Entries will be taken until the meet fills. The host club must stay within the four hour per session rule.</li> <li>• If you are not e-mailing your entries, then overnight or express mail is recommended, <b><i>but waive the signature.</i></b></li> <li>• It is not necessary to overnight or express mail your hard copy and check which are sent in support of an e-mailed entry.</li> </ul> |
| <u>Meet Format Waiver:</u>         | The host club has the right to change the format of the meet with the approval of the NJ Swimming Admin chairman and NJ Swimming Age Group or Senior Chairman. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for these changes would be: <ul style="list-style-type: none"> <li>• To allow more swimmers to swim.</li> <li>• To conform to facility capacity limits.</li> <li>• To conform with NJ Swimming Approval Guidelines:</li> </ul>   |
| <u>Internet Website Posting:</u>   | Website address:<br>Pre-Meet Information posted on website. <a href="http://www.hamiltonaquatics.com">http://www.hamiltonaquatics.com</a> <ul style="list-style-type: none"> <li>• Meet Information will be posted on the website.</li> <li>• Downloadable Hy-Tek Events list (HYV.file) will be posted on the website.</li> <li>• Updated meet schedule.</li> <li>• Warm-up Schedule and Team Warm-up Assignments.</li> <li>• Timing assignments.</li> </ul> Post-Meet Information will be posted at: <a href="http://www.hamiltonaquatics.com">http://www.hamiltonaquatics.com</a> <ul style="list-style-type: none"> <li>• Downloadable Results (CL.2 file)</li> <li>• Downloadable Meet Back-up (Backup.zip File)</li> </ul>   |
| <u>Meet Requirement Statement:</u> | <ul style="list-style-type: none"> <li>• This meet qualifies, as a “Closed YMCA Competition”. This meet is for swimmers that are close to qualifying for YMCA Long Course National Meet events or NJ swimming JO or Zone Meet events.</li> <li>• Pending approval the results of this meet will be posted in the ‘Swims Database’.</li> </ul>  |

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| <u>Coaches Eligibility:</u> | <ul style="list-style-type: none"> <li>• All coaches must be certified YMCA Coaches</li> <li>• Coaches must show coaching card for entrance to facility.</li> <li>• Coaches must have coaching card visible at all times while on deck.</li> <li>• Coaches must have a visible coach's card when entering hospitality area.</li> </ul>   |
| <u>Swimmer Eligibility:</u> | <p>A Swimmer must be a YMCA member who, after due application, is enrolled by the association as a member, entitled to full privileges, activities, and services of that association. This means that members of YMCA competitive teams must have full-privilege YMCA memberships that entitle them to the same activities and services as other full-privilege YMCA members. A swimmer must be a member in good standing of his/her YMCA for 30 days prior to competing for that YMCA in a meet. The swimmer must be a member in good standing of his/her YMCA for 90 days prior to representing that YMCA in a district, regional, state or national championship meet. (Rules That Govern, Rule II Sec.1a) A swimmer may only represent his/her YMCA for at least 90 days prior to the YMCA National Championship Meet entry deadline in order to compete in that meet. The National Advisory Committee recommends that local, district, regional and state leagues and committees adopt the same rules for their championship meets.</p> <p><b>Dual Representation and Membership Transfer</b></p> <p>Swimmers who wish to change their membership from one YMCA to another may do so through Transfer by Consent. An athlete may transfer from one YMCA team to another YMCA team and be eligible to compete for his/her new YMCA team immediately upon the written consent of the YMCA that he/she previously represented. This includes transfer from one metropolitan branch to another. The membership transfer shall be completed BEFORE the individual competes for the new association or branch. This written consent must be in the form of a letter from the executive director of the YMCA association or branch that he/she previously represented. However, the athlete must still be a full privilege member of a YMCA - any YMCA - for 30 days prior to competing in any YMCA meet and be a full privilege member of a YMCA - any YMCA - for at least 90 days prior to competing in a YMCA district, regional, state or national championship meet. Once an individual transfers by consent to another YMCA, that person cannot transfer back and compete for the YMCA unit he/she previously represented for one year from the date of the original transfer. (Rules That Govern, Rule 2 Sec. 2) Swimmers who wish to transfer from a non-YMCA team (USA Swimming team) to a YMCA team during the current season must observe the YMCA membership rules as stated above and in the Rules That Govern. To be eligible to compete in the YMCA National Championship meets a swimmer must not have represented any organization other than his/her YMCA team (high school excepted) for at least 90 days prior to the YMCA National Championship entry deadline. A swimmer must also have met the additional eligibility requirements for YMCA Nationals as stated below. 10 11/2/2008 9:12 PM</p> <p><b>Collegiate competition</b></p> <p>According to the Rules That Govern, an athlete must maintain amateur status to participate in YMCA competition (Rules That Govern, Rule 1 Sec. 1). Any student who represents or has at any time represented an educational institution beyond Grade 12 in competitive swimming or diving shall be ineligible to participate in the National YMCA Swimming Championship Meet.</p> |
| <u>Entry Limits:</u>        | <ul style="list-style-type: none"> <li>• Individual and Relay Limits: 2 individual and 2 relay events</li> <li>• Entry into the 800 &amp; 1500 Free events will <b>not</b> count towards the individual entry limits.</li> </ul>   |
| <u>Meet Format:</u>         | <ul style="list-style-type: none"> <li>• This meet will be run in accordance to current USA Swimming Rules.</li> <li>• This meet will be run as a timed final meet</li> <li>• The USA Swimming scratch rule will be in effect.</li> <li>• This meet will be deck seeded with coaches checking in/scratching all swimmers. When the</li> </ul>  |

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|                       | seeding has been posted, swimmers will report to the blocks. <ul style="list-style-type: none"> <li>• Events will be mixed gender</li> <li>• Boys and Girls Divisions will be used to separate the final results</li> </ul> |
| <u>Meet Schedule:</u> | <ul style="list-style-type: none"> <li>• The building will open: 10:00AM</li> <li>• Warm-Ups will start at 10:30AM</li> <li>• The meet must end by: 3:30PM</li> </ul>   |

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| <u>Warm-up Procedures:</u>      | <p>All teams must be given a minimum of thirty minutes of warm-ups.</p> <p>New Jersey Swimming Warm-up and Safety Guidelines:</p> <ul style="list-style-type: none"> <li>• Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines. Warm-ups will include general warm-up lanes, sprint lanes, and pace lanes.</li> <li>• All swimmers are entitled to a fair and comparable warm-up. All teams <b>MUST</b> get the same opportunities for general warm-up lanes, sprint lanes, and pace lanes.</li> </ul> <p>Entry into Pool:</p> <ul style="list-style-type: none"> <li>• All swimmers must enter the pool from the starting end of the pool.</li> <li>• Host Team Monitoring Warm-ups.</li> <li>• Uniformed and designated meet marshals will monitor warm-ups.</li> <li>• All general warm-up lanes will swim in a counterclockwise direction.</li> </ul> <p>Warm-up Schedules.</p> <ul style="list-style-type: none"> <li>• three 20 minute warm-ups with ten minutes of sprints at the end.</li> <li>• Warm-up schedules will be e-mailed and posted at: <a href="http://www.hamiltonaquatics.com">http://www.hamiltonaquatics.com</a></li> </ul> |
| <u>Entry Times:</u>             | <ul style="list-style-type: none"> <li>• This meet is for swimmers that are close to qualifying for YMCA Long Course National Meet events or NJ swimming JO or Zone Meet events.</li> <li>• Pending approval the results of this meet will be posted in the 'Swims Database'.</li> <li>• The Host Club reserves the right to enter their swimmers to the meet, regardless of seed time.</li> </ul>   |
| <u>Check-In:</u>                | <ul style="list-style-type: none"> <li>• All check-in sheets must be turned into the control room 40 minutes before the start of each session. Swimmers that are swimming will have a line through their name. Swimmers that are being scratched will have their names circled with a "SCR" next to the circle. Swimmers scratching a single event will have a line through his/her name and the event number circled with "SCR" next to the circle. Failure to follow this procedure will result in the swimmer(s) being scratched from their events.</li> </ul>  |
| <u>Starts:</u>                  | <ul style="list-style-type: none"> <li>• New Jersey YMCA Swimming requires that whistle starts be used.</li> <li>• The host club will determine if overhead starts will be used after a time line has been produced. This information will be e-mailed and posted in the pre-meet information.</li> </ul>  |
| <u>Distance Events:</u>         | <ul style="list-style-type: none"> <li>• 800 Free &amp; 1500 Free will only be run if there is time at the end of the meet</li> </ul>  |
| <u>Heat Limited Events:</u>     | <ul style="list-style-type: none"> <li>• The host club reserves the right to limit heats to accommodate the end time of 3:30PM. Meet director will notified teams 72 hours prior to the start of the meet if there will be Heat Limiting Events, which events are limited and what swimmers are affected. Affected swimmers may opt to: 1) scratch from the event and receive a full meet entry refund 2) wait until the meet to see if they are "scratched into" the event-no refund or 3) switch to another event prior to start of the meet.</li> </ul>   |
| <u>Relays:</u>                  | <ul style="list-style-type: none"> <li>• Coaches must turn in relay cards prior to that relay swimming listing correct swimmers names and correct order.</li> </ul>  |
| <u>Scoring:</u>                 | <ul style="list-style-type: none"> <li>• Team scoring will <b>not</b> be kept</li> </ul>   |
| <u>Awards:</u>                  | <ul style="list-style-type: none"> <li>• No medals ribbons will be awarded</li> </ul>  |
| <u>Entry Fees:</u>              | <ul style="list-style-type: none"> <li>• Individual Entry Fee for events: \$4.00</li> <li>• Relay Entry Fee: \$9.00</li> <li>• Make checks payable to: HAC Inc</li> </ul>  |
| <u>Admissions and Programs:</u> | <ul style="list-style-type: none"> <li>• Admission will be : \$5.00</li> <li>• Cost of Meet Program will be: \$3.00 (heat sheets)</li> </ul>   |
| <u>Entries:</u>                 | <ul style="list-style-type: none"> <li>• In accordance with policy, team entries may be submitted by E-mail to: <a href="mailto:summersplash10@optonline.net">summersplash10@optonline.net</a></li> <li>• All entries must be Hy-Tek program entries attached file to an e-mail.; <b>Summer Splash 2010</b> will be the meet entry file name.</li> <li>• The meet entry coordinator will respond to e-mails entries within 48 hours. If you do not</li> </ul>  |

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|   | <p>receive an e-mail response within 48 hours, assume that your email has not been received. It then becomes the e-mailer's responsibility to make sure that the host club's meet entry coordinator receives the e-mail. If you do not receive an e-mail response, you must contact the entry coordinator by email or phone.</p> <ul style="list-style-type: none"> <li>• An entry summary with a signed YMCA Swimming waiver and a check must accompany or follow each mailed entry.</li> <li>• Accuracy of seed times is essential. Incomplete entries will not be accepted.</li> <li>• Deck entries will not be accepted. No phone or faxed entries will be accepted.</li> <li>• Teams entered will be posted at: <a href="http://www.hamiltonaquatics.com">http://www.hamiltonaquatics.com</a></li> </ul>   |
| <u>Results:</u>                             | <ul style="list-style-type: none"> <li>• Results will be emailed to each team</li> <li>• Results will be posted at the following website: <a href="http://www.hamiltonaquatics.com">http://www.hamiltonaquatics.com</a></li> </ul>  |
| <u>Host Club Responsibilities:</u>          | <ul style="list-style-type: none"> <li>• The host club will provide a single timer in each lane throughout the meet</li> <li>• The host club will have stopwatches available for volunteers helping to time.</li> <li>• The host club will e-mail all club entries back to the participating clubs that are received via email.</li> <li>• The host club will create a warm-up schedule that will be fair and equal to all teams. This warm-up schedule will be e-mailed to all participating clubs and posted on the website: <a href="http://www.hamiltonaquatics.com">http://www.hamiltonaquatics.com</a> no later than 72 hours before the meet.</li> <li>• The host club will create timing assignments that are fair and equitable with as many teams participating as possible. These timing assignments will be e-mailed to all participating clubs and posted on the website: <a href="http://www.hamiltonaquatics.com">http://www.hamiltonaquatics.com</a> no later than 72 hours before the meet.</li> <li>• Water shall be made available to all coaches, Officials and Volunteers throughout the competition</li> <li>• Food will be made available to all coaches, Officials</li> </ul> |
| <u>Participating Club Responsibilities:</u> | <ul style="list-style-type: none"> <li>• Participating clubs must help with timing assignments. Teams may be asked to cover multiple lanes. Timing assignments will be e-mailed to participating clubs and posted on the swim meet website: 72-hours prior to the meet.</li> <li>• Participating club parents must stay off the pool deck except for timing assignments.</li> <li>• Participating clubs should help with officiating whenever possible. List the club contact for club officials on the meet summary.</li> </ul>  |
| <u>Concessions:</u>                         | Refreshments will <b>NOT</b> be available   |
| <u>Vendor:</u>                              | A swim host vendor will <b>NOT</b> be in attendance   |
| <u>Directions:</u>                          | <ul style="list-style-type: none"> <li>• Princeton on MapQuest: <a href="http://www.mapquest.com/maps?zipcode=08544&amp;country=US">http://www.mapquest.com/maps?zipcode=08544&amp;country=US</a></li> <li>• Driving directions: <a href="http://www.princeton.edu/main/visiting/travel/driving">http://www.princeton.edu/main/visiting/travel/driving</a></li> </ul>   |

| <u>Order of Events:</u> |  | Event # | Event Name   |
|-------------------------|--|---------|--|
|                         |  | 1       | Mixed 200 Medley Relay   |
|                         |  | 2       | Mixed 50 Freestyle   |
|                         |  | 3       | Mixed 100 Backstroke   |
|                         |  | 4       | Mixed 200 Butterfly  |
|                         |  | 5       | Mixed 100 Breaststroke   |
|                         |  | 6       | Mixed 200 IM   |
|                         |  |         | 20 Minute Break  |
|                         |  | 7       | Mixed 200 Freestyle  |
|                         |  | 8       | Mixed 50 Butterfly   |
|                         |  | 9       | Mixed 200 Breaststroke   |
|                         |  | 10      | Mixed 50 Backstroke  |
|                         |  | 11      | Mixed 100 Freestyle  |
|                         |  | 12      | Mixed 100 Butterfly  |
|                         |  |         | 20 Minute Break  |
|                         |  | 13      | Mixed 50 Breaststroke  |
|                         |  | 14      | Mixed 200 Backstroke   |
|                         |  | 15      | Mixed 400 Freestyle  |
|                         |  | 16      | Mixed 400 IM   |
|                         |  | 17      | Mixed 200 Free Relay   |
|                         |  | 18      | *Mixed 800 Free  |
|                         |  | 19      | *Mixed 1500 Free   |
|                         |  |         | *If time permits these events will be run and they maybe combined depending on the number of entries. These events will not count towards the individual entry limits. |

Hamilton Aquatics Summer Splash 2010  
July 13, 2010

\*\*\*WAIVER\*\*\*

In consideration of acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against the YMCA of the USA and the Team and venue, and their staff for any injuries and/or expenses occurred by me/us at the swim meet, or while on the road to and from the meet. I/we are bona fide amateur athletes and eligible to compete in all the events I/we have entered.

NAME OF CLUB: \_\_\_\_\_

CLUB ABBREVIATION: \_\_\_\_\_

SIGNATURE OF CLUB OFFICIAL, COACH, AND/OR PARENT OR GUARDIAN:

\_\_\_\_\_ (Print Name)

\_\_\_\_\_ (Signature)

\_\_\_\_\_ (Address)

\_\_\_\_\_ (Telephone)

NAME(S) OR COACH: \_\_\_\_\_

LOCATION OF CLUB: \_\_\_\_\_ (City) \_\_\_\_\_ (State)

NAME/PHONE #/E-MAIL ADDRESS of person to contact regarding this entry:

NAME/PHONE #/E-MAIL ADDRESS OF PERSON TO CONTACT REGARDING TIMERS/OFFICIALS:

NAME/PHONE #/E-MAIL ADDRESS OF PERSON TO RECEIVE FINAL RESULTS:

Meet results via e-mail

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**ENTRY** \_\_\_\_\_ Individual Event Entries @ \$4.00 = \_\_ \$ \_\_\_\_\_

**FEE**  
**SUMMARY:** \_\_\_\_\_ Relay Event Entries @ \$9.00 = \_\_ \$ \_\_\_\_\_

**TOTAL ENTRY FEES = \_\_ \$ \_\_\_\_\_**

**MAKE CHECKS PAYABLE TO: HAC Inc.**

# YMCA Swimming

## *Official Meet Verification Form*

YMCA Name: \_\_\_\_\_ YMCA Code: \_\_\_\_\_

Club E-Mail Address: \_\_\_\_\_

Head Coaches Name: \_\_\_\_\_

Club Address: \_\_\_\_\_

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