Name of Meet	NEW JERSEY SWIMMING
	LONG COURSE JUNIOR OLYMPICS
	July 26-29, 2012
	Hosted by SCARLET AQUATICS
Meet Sanction #:	NJS072612LC
	In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the
	event.
Date of Meet:	Thursday, Friday, Saturday, and Sunday, July 26-29, 2012
Location:	Sonny Werblin Recreation Center Pool
	656 Bartholomew Rd
	Piscataway, NJ 08854
	The pool is located in the Sonny Werblin Recreation Center on the Busch Campus at Rutgers
	University in Piscataway, New Jersey.
Facility Info:	The Sonny Werblin Recreation Center pool is an 8-lane, 50 meter pool, with pedestal starting blocks
	and a Colorado Timing system. There is an auxiliary pool (patio pool) for warm-up and warm-down throughout the meet, and ample seating for spectators. The minimum water depth in the
	competition pool is 6 feet.
Pool Certification	The competition course has been certified in accordance with 104.2.2C(4). The copy of such
Statement: Audio/Visual	certification is on file with USA Swimming.
<u>Recording</u>	Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas,
Statement:	rest rooms or locker rooms.
Meet Director:	Ellen W. Mace, <u>entries1@juno.com</u> , 609.558.0988
Co-Meet Referees:	Chris Barry - <u>accebarry@verizon.net</u>
Safety Marshal:	John Butler - j.m.butler@comcast.net         Kyle Gurkovich, kgurkovich@gmail.com
Team Contact:	Thomas Speedling, 732-742-4600, <u>tspeed@rci.rutgers.edu</u>
Entry Coordinator:	BE Smartt, Inc. will be the Entry Coordinator, E-Mail: <u>entries1@juno.com</u> • 1.609.558.0988
	<ul> <li>1.609.558.0988</li> <li>Best time to call after 8:00PM and weekends</li> </ul>
	<ul> <li>Make checks payable to SCARLET AQUATIC CLUB</li> </ul>
Entry Deadline:	Entry Deadline: <b>Tuesday</b> , <b>July 17</b> , <b>2012</b>
	Email entry files to: <u>entries1@juno.com</u>
	Mail the entry summary, signed waiver and entry fee check to:
	BE SMARTT INC., 604 Paxson Avenue, Mercerville, NJ 08619
	• Entry forms, verification forms, waiver release, and fees must be received no later than
	<ul> <li>7:15AM on Thursday, July 26, 2012.</li> <li>It is not necessary to overnight or express mail hard copy and check which are sent in support</li> </ul>
	• It is not necessary to overlight of express man hard copy and check which are sent in support of an e-mailed entry.
	• Entries will be considered entered when integrated into Meet Manager. The host club has the
	right to scratch swimmers and/or clubs if entry fees and waivers are not received.
	<ul> <li>Not waiving signature of receipt on Express Mail will delay receipt.</li> <li>NO FAX, PHONE OR DECK ENTRIES WILL BE ACCEPTED.</li> </ul>
	<ul> <li>NO FAX, FHONE OR DECK ENTRIES WILL BE ACCEFTED.</li> <li>There will be a representative of Scarlet Aquatics at the 13 &amp; Older Silver Championship Meet</li> </ul>
	to take newly made JO entries.
Entry Amending	According to the Amending Process for NJ Championship Meets, should a swimmer be missing
Process:	from the entry list or an event, the coach can e-mail the missing information to <u>entries1@juno.com</u> by 6:00 PM Wednesday July 25, 2012. The entry fee for all events entered in this manner is \$10.00
	per event (unless the mistake was the host's), and must be paid before the start of the meet
	according to the Amending Process Guidelines.

<u>Meet Format</u> <u>Waiver:</u>	The host club has the right to change the format of the meet with the approval of the administrative chairman and age group or senior chairman. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for changes include:
	<ul> <li>To allow more swimmers to swim.</li> </ul>
	<ul> <li>To conform to facility capacity limits or for facility safety concerns.</li> </ul>
	<ul> <li>To condense the meet into smaller time frame.</li> </ul>
	Some of the changes that can be made: 1) add a session, 2) heat limit distance events, 3) condense sessions, and 4) eliminate relays.
Internet Website	The official websites for LC JO's 2012 are:
Posting:	www.besmarttinc.com & http://www.njswim.org
	Pre-Meet Information:
	Meet Information
	• Downloadable Hy-Tek Meet Events (HYV File)
	Team Entry List
	Updated Meet/Session Schedule
	Warm-up Assignments
	Timing Assignments
	Post-Meet Information:
	Final Results by sessions; final results in publication order
	Downloadable Hy-Tek Meet Manager Back-up
	Downloadable Hy-Tek C-File Results
Meet Requirement	In order to be eligible for the New Jersey Zone Championship Team or for New Jersey National
Statement:	Championship Reimbursement, NJ Swimming policy stipulates certain participation requirements.
	As a New Jersey Swimming sanctioned meet, this meet counts towards these participation
	requirements.
Coaches Eligibility:	All coaches "on the deck" must be currently registered coach members of USA Swimming.
	Coaches must show valid coaching card for entrance to facility.
	• Coaches must have coaching card visible at all times while on deck.
	• Coaches must have a visible coach's card when entering hospitality area.
Swimmer	• All swimmers must be members of USA Swimming to enter and compete in this meet.
Eligibility:	<ul> <li>This is a New Jersey Swimming Championship Meet, and as such only New Jersey Swimming registered athletes may enter and compete in this meet.</li> </ul>
	<ul> <li>All swimmers must have times equal to or faster than the current New Jersey Swimming LC Gold Time Standards.</li> </ul>
	<ul> <li>The qualifying period for this meet is April 1, 2011 thru the entry deadline</li> </ul>
	of the meet. (NJS policy effective 2011 LC season)
	• Swimmers may not compete in a given event at both LC JO's and the Silver/Bronze
	Championship meets unless they achieved the LC JO qualifying time in that event at the
	Silver/Bronze meet, or at another Sanctioned or Approved meet attended in between the
	Silver/Bronze meet and JOs.
	• All swimmers must be listed on a team's official entry form to be eligible to participate in this swim meet in any events, including relays.
	Unattached Swimmers.
	<ul> <li>All transfer swimmer(s) must swim unattached for 120 days from their last attached</li> </ul>
	competition. Swimmers must use an UN- (New Team Alpha Code) as their team affiliation. All
	Unattached swimmers must be listed on the team's official waiver entry form.
	Age Groups that will be offered.
	• There will be individual and relay events for 10/Under, 11/12's, 13/14's, 15/Over, and Open
	divisions.
	<ul> <li>No Awards or Points for individuals 20 &amp; Over, No awards for relays with 20 &amp; Over Swimmers.</li> </ul>
	• All swimmers must have times equal to or faster than the current New Jersey Swimming LC Gold Time Standards.
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	<ul> <li>Individual and Relay Limits:</li> <li>NJS allows swimmers to compete in three individual events per day. Swimmers may enter all</li> </ul>		
	events that they qualify for. However, swimmers entered in more than three events for a given		
	day must scratch down to three events prior to the seeding for that day. Failure to scratch down to a maximum of three events will result in the automatic scratching of all but the first 3 entered events for that day. The swimmer would then only be eligible to swim those first three events		
	entered for the day.		
	• Swimmers are limited to a maximum of 3 individual events and one relay event per day, and a maximum of 9 individual events for the meet.		
	Age at Meet:		
	• Age for this meet is calculated as of Thursday, July 26 <sup>th</sup> , 2012.		
Swimmers	Any swimmer entered into this meet must be certified by a USA Swimming member coach as being		
Unaccompanied by a	proficient in performing a racing start or must start each race from within the water. If a swimmer is		
USAS Certified Coach	not accompanied by a USA Swimming member coach, then it is the responsibility of the swimmer		
Meet Format:	<ul> <li>or the swimmer's legal guardian to ensure compliance with this requirement.</li> <li>This meet will be run in accordance with the current USA Swimming Rules.</li> </ul>		
Meet Pormat.	<ul> <li>This meet will be full in accordance with the current OSA swithining Kules.</li> <li>The 12-unders will compete in a Timed Finals format.</li> </ul>		
	<ul> <li>The 12-unders will compete in a Timed Finals format.</li> <li>The 13-14 &amp; 15-19 age groups will compete in a Prelim/Finals format, with 16 swimmers from</li> </ul>		
	prelims making it to the evening finals in each individual event other than the 800 and 1500 events.		
	• All entries in the 13-14, 15-Over and Open relays will compete during the		
	evening finals sessions. These events will be competed fastest to slowest, alternating		
	girls/boys. On an evening where both 13-14 and 15-19 relays are being contested, the fastest heat of each relay will be held prior to alternating thru the remainder of the heats by gender and		
	age-group.		
	• Swimmers age 20 years & older are not eligible to compete in event finals, nor score points.		
	How seeding will be done.		
	• This meet will be deck seeded with coaches checking-in/scratching swimmers. When the seeding has been posted, swimmers will report to the blocks on their own.		
Miscellaneous:	• The building will not open before 7:10 a.m. for swimmers and 7:15 a.m. for spectators.		
	• This meet will have a13-over prelims session, a 12-under timed finals session, and a 13-over finals session each of the first three days of the meet. On the fourth day, between the morning prelims and evening finals sessions, there will be a 1500 session(s).		
	<ul> <li>The session start times for the afternoon 12-under, 1500 and evening finals sessions will be announced once entries are received and a time line is established.</li> </ul>		

### Meet Schedule

ly 26, 2012	Warm-up	Start
13-14 and 15/Over Prelims	7:15 a.m.	8:20 a.m.
10-Under and 11-12 Events	TBA - End of Session #1*	65 minutes later*
13-14 and 15/Over Finals & Relays	TBA - End of Session #2*	65 minutes later*
27, 2012	Warm-up	Start
13-14 and 15/Over Prelims	7:15 a.m.	8:20 a.m.
10-Under and 11-12 Events	TBA - End of Session #4*	65 minutes later*
13-14 and 15/Over Finals & Relays	TBA - End of Session #5*	65 minutes later*
y 28, 2012	Warm-up	Start
13-14 and 15/Over Prelims	7:15 a.m.	8:20 a.m.
10-Under and 11-12 Events	TBA - End of Session #7*	65 minutes later*
13-14 and 15/Over Finals & Relays	TBA - End of Session #8*	65 minutes later*
29, 2012	Warm-up	Start
13/14 and 15/Over Prelims	7:15 a.m.	8:20 a.m.
1500's (All age-groups)	TBA-End of Session #10*	TBA
13-14 and 15/Over Finals & Relays	TBA – Approx 5:30 p.m.*	65 minutes later*
	y 26, 2012 13-14 and 15/Over Prelims 10-Under and 11-12 Events 13-14 and 15/Over Finals & Relays 7, 2012 13-14 and 15/Over Prelims 10-Under and 11-12 Events 13-14 and 15/Over Finals & Relays y 28, 2012 13-14 and 15/Over Prelims 10-Under and 11-12 Events 13-14 and 15/Over Finals & Relays 29, 2012 13/14 and 15/Over Prelims 13/14 and 15/Over Prelims 13/14 and 15/Over Prelims 15/00's (All age-groups)	y 26, 2012         Warm-up           13-14 and 15/Over Prelims         7:15 a.m.           10-Under and 11-12 Events         TBA - End of Session #1*           13-14 and 15/Over Finals & Relays         TBA - End of Session #2*           7, 2012         Warm-up           13-14 and 15/Over Prelims         7:15 a.m.           10-Under and 11-12 Events         TBA - End of Session #4*           13-14 and 15/Over Prelims         7:15 a.m.           10-Under and 11-12 Events         TBA - End of Session #4*           13-14 and 15/Over Finals & Relays         TBA - End of Session #4*           13-14 and 15/Over Finals & Relays         TBA - End of Session #5*           y 28, 2012         Warm-up           13-14 and 15/Over Prelims         7:15 a.m.           10-Under and 11-12 Events         TBA - End of Session #7*           13-14 and 15/Over Finals & Relays         TBA - End of Session #7*           13-14 and 15/Over Finals & Relays         TBA - End of Session #7*           13-14 and 15/Over Finals & Relays         TBA - End of Session #8*           29, 2012         Warm-up           13/14 and 15/Over Prelims         7:15 a.m.           1500's (All age-groups)         TBA-End of Session #10*

Starting times for afternoon and finals sessions will be determined after entries are received and a timeline created! Approximate warm-up time for afternoon 12-under sessions is 12:00 p.m. Approximate warm-up times for evening finals sessions is 5:30 p.m. \*

Warm-up	Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines.
Procedures:	<ul> <li>Warm-ups will include general warm-up lanes, sprint lanes, and pace lanes.</li> </ul>
110000001051	Entry Into Pool:
	<ul> <li>All swimmers must enter the pool from the starting end of the pool.</li> </ul>
	Host Team Monitoring Warm-ups.
	Scarlet Aquatic Club Meet Marshals will monitor warm-ups.
	• All general warm-up lanes will swim in a counterclockwise direction.
	Warm-up Schedules.
	• The warm-up sessions will be split into two 30-minute warm-ups divided by teams. There
	will be designated sprint/pace lanes during the last 5/10 minutes of each warm-up session.
Entry Times:	• All entry times must be equal to or faster than the New Jersey Swimming Long Course
	Gold Time.
	• All entry times must be proved upon meet entry. This may be done via
	the "Include proof of time" option when generating the meet entry
	report. (NJS policy effective 2011 LC season)
	All entry times must be achieved during the meet qualifying period of
	April 1, 2011 thru the entry date of the meet. (NJS policy effective 2011 LC
	season)
	• All entry times must be in long course meters.
	Swimmers who compete in an event at the Silver/Bronze Championship
	meets may not compete in the same event at JO's unless they achieved
	the Gold time standard at the Silver/Bronze meet, or at another
	Sanctioned or Approved meet attended in between the Silver/Bronze
	meet and JOs.
Proof of Time	Conversions must use the Hy-Tek Default factors built into Team Manager. In Team manager,
Conversion Factors	go to set-up, then conversions. Make sure that:
<u>in Team Manager:</u>	• The Yard to SC Meters must be set to: 1.11
	• That Freestyle Turns = $0.8$ , that Backstroke Turns = $0.6$ , that Breaststroke Turns = $1$ ,
	that Butterfly Turns = $0.7$ , and Individual Medley Turns = $0.8$
	• 500 yd. Free to 400 m. Free and 1000 yd. Free to 800 m. Free = $.875$ and 1650 yd.
	Free to $1500 \text{ m}$ . Free = $1.006$ .
	<ul> <li>DO NOT SET THE STRAIGHT CONVERSION FACTOR TO ANY PERCENT FACTOR!</li> </ul>
Check-In:	<ul> <li>All check-in sheets must be turned into the control room 30 minutes before the start of each</li> </ul>
	session. Swimmers that are swimming will have a line through their name. Swimmers that
	are being scratched will have their names circled with a "SCR" next to the circle.
	Swimmers scratching a single event will have a line through his/her name and the event
	number circled with "SCR" next to the circle.
	• Failure to follow this procedure may result in the swimmer(s) being scratched from the
	session.
Stanta	• All distance events will have a positive check-in that will be posted in the control room.
Starts:	• The host club will determine if "overhead/fly-over" starts will be used after a time line has been produced. This information will be published in the pre-meet information and posted
	at <u>www.besmarttinc.com</u> .
Distance Events:	<ul> <li>All 800 and 1500 meter freestyles will be run as Timed Final events.</li> </ul>
800m and 1500 m	<ul> <li>All 800 and 1500 meter freestyles will be run fastest to slowest.</li> </ul>
Freestyle events	<ul> <li>All 800 and 1500 meter freestyles will alternate women and men.</li> </ul>
	• Heats will be combined to consolidate a heat.
	• Swimmers with the top 8 seeded times in each of the 13-14 and 15-Over 800 events will
	swim during the evening finals session.
	• The non-top 8 seeded swimmers in the 13-14 and 15-Over 800 events will swim after the
	conclusion of the morning prelim events.
	• All 13-14 1500 swimmers will compete immediately following the conclusion of Sunday's
	prelim session.
	• Swimmers with the top 8 seeded times in the 15-Over 1500's will swim during the evening finals session.
	<ul> <li>The non-top 8 seeded swimmers in the 15-Over 1500's will compete following the</li> </ul>
	<ul> <li>The hol-top 8 seeded swimmers in the 15-Over 1500 s will compete following the conclusion of the 13-14 heats of the 1500 on Sunday morning.</li> </ul>
L	conclusion of the 15 1 r news of the 1500 on builday morning.

	• All 11 12 1500 guimmers will compete following the conclusion of the 15 Over heats of
	• All 11-12 1500 swimmers will compete following the conclusion of the 15-Over heats of the 1500 on Sunday afternoon.
Scratch Procedures:	• The Scratch Rules for championship finals, as specified in the New Jersey Swimming
	Policy Handbook, will be followed for the evening Finals.
	<ul> <li>In addition, failure to show on the Sunday night may result in a \$50 fine per each occurrence.</li> </ul>
Time Trial Events	<ul> <li>This meet is sanctioned for time trials for the purpose of qualifying for the USA Swimming</li> </ul>
	National Championships, the US Open Championships or the USA Swimming Junior
	National Championships – TIME PERMITTING.
	• There will be no time trials for Zones.
	• A swimmer must be entered in an individual event during the meet in order to be eligible to swim a time trial event.
	<ul> <li>A Time Trial event will count towards the maximum limits of 3 events per day.</li> </ul>
	• Swimmers are limited to a maximum of two (2) time trials during the meet.
	• The swimmer must be within one-half second/per 50 meters of the USA Swimming Junior
	National time standard to be eligible for requesting a time trial.
	• The fee for time trials is the same as for individual events during the meet; sign-ups will be in the control meet.
	<ul> <li>in the control room.</li> <li>The order of events for time trials on each day will be as specified in the NJ Swimming</li> </ul>
	Policy Handbook.
Relays:	Prior to relays swimming, coaches must turn in relay cards listing the correct swimmers
	names in the correct order.
	• All entries in the 13-14, 15-Over and Open relays will compete during
	the evening finals sessions.
	• In the 15 & Over and Open Relays, if a team uses a swimmer who is 20 year old or older,
Saaring	that relay will not score points nor receive awards.
Scoring:	<ul> <li>Team and age-group individual high point scoring will be kept through 16 places.</li> <li>Scoring will be 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1 and double for relays.</li> </ul>
	<ul> <li>Swimmers age 20 years or older will not score points.</li> </ul>
Awards:	<ul> <li>Medals will be awarded for the top 3 relays in each relay event.</li> </ul>
	• Medals will be awarded for the top 8 swimmers in each individual event.
	• There will be no awards given to 20 years and older swimmers.
	• There will be team trophies for the top three scoring teams.
Entry Fees:	There will be high point awards in each age group.
Enu y rees.	<ul> <li>Individual Event Entry Fees:</li> <li>Timed Final events (non 800/1500) - \$6.00</li> </ul>
	- 800/1500 events - <b>\$11.00</b>
	- Trials/Final events - <b>\$7.00</b>
	• Relay Event Entry Fee: <b>\$9.00</b>
	Make checks payable to: <u>Scarlet Aquatic Club</u>
Admissions and	Admission for morning prelim and afternoon 12-under sessions will be \$7.00 per session.
Programs:	<ul> <li>Cost of Program will be \$10.00 for the entire meet.</li> </ul>
	• Admission for evening Finals sessions will be \$5.00 per session, and will include a heat
	sheet (while supplies last).
Entries:	• In accordance with NJS policy, team entries may be submitted by email to
	entries1@juno.com
	• All entries must be Hy-Tek program entries as an attached file to an email.
	• The meet entry coordinator will respond to e-mails entries within 48 hours. If you do not
	receive an e-mail response within 48 hours, assume that your email has not been received.
	It then becomes the e-mailer's responsibility to make sure that the host club's meet entry coordinator receives the e-mail. If you do not receive an e-mail response, you must contact
	the entry coordinator by email or phone.
	<ul> <li>An Entry Summary with a signed NJ Swimming waiver and a check must accompany or</li> </ul>
	follow each entry.
	• Accuracy of seed times is essential. Incomplete entries will not be accepted.
	• Deck entries will not be accepted. No phone or faxed entries will be accepted.
<u>Results:</u>	• Results will be emailed to all participating teams after the conclusion of the meet.

Host Clubs	• The host clubs will provide a single timer in each lane throughout the meet.
Responsibilities:	• The host club will have stopwatches available for volunteers helping to time.
	• The host club will e-mail all club entries back to the participating clubs.
	• The host club will create a warm-up schedule that will be fair and equal to all teams. This
	warm-up schedule will be e-mailed to all participating clubs no later than 1 week before the
	meet and available at <u>www.besmarttinc.com</u>
	• The host club will create timing assignments that are fair and equitable with as many teams
	participating as possible. These timing assignments will be e-mailed to all participating
	clubs no later than 1 week before the meet and available at www.besmarttinc.com
Participating Club	• Participating clubs must help with timing assignments. Timing assignments will be e-
Responsibilities:	mailed to participating clubs 1 week prior to the meet and available at
	www.besmarttinc.com
	• Participating club parents must stay off the pool deck except for timing assignments.
	Participating clubs should help with officiating whenever possible. List the club contact
	for club officials on the meet summary.
Concessions:	Rutgers University will host a concession for refreshments throughout the meet.
Vendor:	There will be a vendor at this meet.
Hotels:	Host Hotel: Somerset Holiday Inn, 1.732.584.4612, ask for special JO rates.
	The Somerset Marriott, 1.732.716.1175, ask for Kim Hughes
	The Courtyard by Marriott on Davidson Avenue
	The Doubletree Executive Somerset on Atrium Drive
Directions:	From the NJ Turnpike, North or South - Take Exit 9-New Brunswick and pay toll. **
	Follow signs for Route 18 North-New Brunswick. Proceed along Route 18 North, crossing the
	Raritan River on the John Lynch Bridge, approximately 3.7 miles. Follow signs for NJ Route
	18 North – New Brunswick. Proceed on Route 18 northbound, continuing for approximately
	3.7 miles, crossing the Raritan River on the John Lynch Bridge. Continue to the Busch Campus
	exit, bear right on exit ramp, and proceed on the entrance road to the traffic circle. Bear right at
	the first turnoff, and then go to first intersection. Turn left and proceed to Lot 64.
	• From the Garden State Parkway traveling south -Follow Parkway South to Exit 129-
	New Jersey Turnpike. Travel South on the New Jersey Turnpike to Exit 9-New
	Brunswick. Follow directions from ** above.
	• From the Garden State Parkway traveling north -Follow Parkway North to Exit 105-
	Route 18. Take Route 18 North and follow directions from ** above.
	• From the Route 287 traveling north -Take Route 287 North to the River Road Exit (Exit
	9). Turn left upon exiting and follow River Road (514 Spur South) approximately 2 3/4
	miles to Rt-18. Turn left onto Rt-18 North and follow directions from ** above.
	• From the Route 287 traveling south -Take Route 287 South to Exit 9 (River Road) and
	bear to the right onto River Road (514 Spur South). Follow River Road approximately 2 <sup>3</sup> / <sub>4</sub>
	miles to Rt-18. Turn left onto Rt-18 and follow directions from ** above.
	• <b>From US Highway 1, north or south</b> - Take the exit for Route 18 North-New Brunswick
	and proceed from ** above.
	• There is also a link to Rutgers from the <u>www.besmarttinc.com</u> website.

<u>Scarlet Aquatics Hosts</u> <u>New Jersey Swimming Long Course Junior Olympics</u>

July 26-29, 2012 at Rutgers University

### ENTRY SUMMARY

Team:	USA-S Club Code:
Name(s) of Coach(es):	
e-mail address to send results in lieu of regular mailing Club Mailing Address:	:
Contact Person Regarding These Entries:	
Phone No.: Fax No.:	
Email	
Contact Person Regarding Timers & Officials: (a parent, not a coach) Phone No.:	
Email	
Entry Fee Summary:	
Number of Timed Finals Entries (non 800/1500)	): x \$6.00= \$
Number of Prelim/Finals Entries:	x \$7.00=\$

Number of 800/1500 Entries:	x\$11.00= \$
Number of Relay Entries:	x \$9.00=\$
Total Entries & Fees:	\$
Check amount:	\$

### MAKE CHECKS PAYABLE TO: SCARLET AQUATIC CLUB

# **New Jersey Swimming Inc.**

Official Meet Verification Form

Club Name:	Club Code	:
Club E-Mail Address:		
Head Coaches Name:		
Club Address:		
	SWIMMING	NEW JERSEY SWIMMING
I hereby certify that all sy	vimmers and coaches entered and/or listed o	n the meet documentation for the <b>NJ S</b>

I hereby certify that all swimmers and coaches entered and/or listed on the meet documentation for the **NJ SWIMMING LC JUNIOR OLYMPICS** to be held on **July 26-29, 2012** are registered members of New Jersey Swimming/USA Swimming. All USA Swimming numbers are correctly listed and, unless otherwise noted, are not required to swim unattached (UN) due to the 120-day transfer. Also I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Signature \_\_\_\_

\_\_\_\_ Date \_\_\_\_\_

(Signature cannot be photocopied)

### Article 302.4 of the USA Swimming Rules and regulations.

**FALSE REGISTRATION**: An LSC may impose a fine of up to **\$100 per event** against a member coach or a member club's representative signing a document which indicates a swimmer is registered with USA Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

### LIST ALL UNATTACHED SWIMMERS:

Unattached Swimmer	Unattached Swimmer
Unattached Swimmer	Unattached Swimmer
Unattached Swimmer	Unattached Swimmer
Unattached Swimmer	Unattached Swimmer

## Order of Events and Qualifying Times

### Thursday AM

mu	Sudy Alvi	
1	15&O Girls 800 Freestyle	9:51.79
2	15&O Boys 800 Freestyle	9:31.59
3	13-14 Girls 100 Butterfly	1:14.89
4	13-14 Boys 100 Butterfly	1:11.89
5	15&O Girls 100 Freestyle	1:02.59
6	15&O Boys 100 Freestyle	57.59
7	13-14 Girls 200 Backstroke	2:42.49
8	13-14 Boys 200 Backstroke	2:36.79
9	15&O Girls 200 Backstroke	2:34.39
10	15&O Boys 200 Backstroke	2:26.39
11	13-14 Girls 400 Freestyle	5:04.39
12	13-14 Boys 400 Freestyle	4:52.29
13	15&O Girls 400 Free Relay	NT
14	15&O Boys 400 Free Relay	NT
Thur	sday PM	
15	11-12 Girls 100 Freestyle	1:09.89
16	11-12 Boys 100 Freestyle	1:10.29
17	10-Un Girls 100 Backstroke	1:32.29
18	10-Un Boys 100 Backstroke	1:31.19
19	11-12 Girls 200 Butterfly	3:12.49
20	11-12 Boys 200 Butterfly	3:12.49
21	10-Un Girls 100 Breaststroke	1:45.69
22	10-Un Boys 100 Breaststroke	1:48.69
23	11-12 Girls 200 IM	2:53.79
24	11-12 Boys 200 IM	2:54.69
25	10-Un Girls 50 Freestyle	36.19
26	10-Un Boys 50 Freestyle	35.69
27	11-12 Girls 50 Backstroke	37.89
28	11-12 Boys 50 Backstroke	38.29
29	11-12 Girls 50 Breaststroke	42.79
30	11-12 Boys 50 Breaststroke	43.29
31	10-Un Girls 200 Free Relay	NT
32	10-Un Boys 200 Free Relay	NT
33	11-12 Girls 400 Free	5:29.99
34	11-12 Boys 400 Free	5:30.79

(Non-Top 8 heats swum after event #12 prelims) (Non-Top 8 heats swum after event #12 prelims)

(All at Finals) (All at Finals)

### Friday AM

	5	
35	13-14 Girls 800 Freestyle	10:32.69
36	13-14 Boys 800 Freestyle	10:12.69
37	15&O Girls 400 Freestyle	4:43.59
38	15&O Boys 400 Freestyle	4:30.39
39	13-14 Girls 100 Freestyle	1:05.89
40	13-14 Boys 100 Freestyle	1:02.69
41	15&O Girls 100 Butterfly	1:09.39
42	15&O Boys 100 Butterfly	1:04.09
43	13-14 Girls 200 Breaststroke	3:07.19
44	13-14 Boys 200 Breaststroke	2:59.79
45	15&O Girls 200 Breaststroke	2:58.59
46	15&O Boys 200 Breaststroke	2:49.89
47	13-14 Girls 400 Free Relay	NT
48	13-14 Boys 400 Free Relay	NT

### Friday PM

49	11-12 Girls 50 Freestyle	31.99
50	11-12 Boys 50 Freestyle	31.79
51	10-Un Girls 100 Freestyle	1:20.89
52	10-Un Boys 100 Freestyle	1:19.79
53	11-12 Girls 100 Butterfly	1:22.49
54	11-12 Boys 100 Butterfly	1:22.59
55	10-Un Girls 200 IM	3:20.69
56	10-Un Boys 200 IM	3:16.29
57	11-12 Girls 100 Breaststroke	1:33.09
58	11-12 Boys 100 Breaststroke	1:34.69
5 <b>9</b>	10-Un Girls 50 Butterfly	41.89
60	10-Un Boys 50 Butterfly	42.79
61	11-12 Girls 200 Backstroke	2:54.59
62	11-12 Boys 200 Backstroke	2:57.19
63	10-Un Girls 400 Freestyle	6:19.69
64	11-12 Girls 200 Free Relay	NT
65	11-12 Boys 200 Free Relay	NT
66	10-Un Boys 400 Freestyle	6:24.59
67	11-12 Girls 800 Freestyle	11:36.59
68	11-12 Boys 800 Freestyle	11:36.59

(Non-Top 8 heats swum after event #46 prelims) (Non-Top 8 heats swum after event #46 prelims)

(All at Finals) (All at Finals)

## Saturday AM

	-	
69	13-14 Girls 400 IM	5:47.49
70	13-14 Boys 400 IM	5:37.99
71	15&O Girls 400 IM	5:24.39
72	15&O Boys 400 IM	5:06.09
73	13-14 Girls 200 Freestyle	2:22.89
74	13-14 Boys 200 Freestyle	2:16.89
75	15&O Girls 200 Freestyle	2:14.49
76	15&O Boys 200 Freestyle	2:05.69
77	13-14 Girls 200 Butterfly	2:48.59
78	13-14 Boys 200 Butterfly	2:41.99
79	15&O Girls 200 Butterfly	2:35.99
80	15&O Boys 200 Butterfly	2:30.59
81	Open Girls 800 Free Relay	NT
82	Open Boys 800 Free Relay	NT

## Saturday PM

	5	
83	11-12 Girls 200 Breaststroke	3:21.99
84	11-12 Boys 200 Breaststroke	3:24.59
85	10-Un Girls 50 Breaststroke	49.19
86	10-Un Boys 50 Breaststroke	50.49
87	11-12 Girls 100 Backstroke	1:21.09
88	11-12 Boys 100 Backstroke	1:21.49
89	10-Un Girls 200 Freestyle	2:57.99
90	10-Un Boys 200 Freestyle	2:54.29
91	11-12 Girls 400 IM	6:17.89
92	11-12 Boys 400 IM	6:20.79
93	10-Un Girls 100 Butterfly	1:40.09
94	10-Un Boys 100 Butterfly	1:41.69
<b>9</b> 5	11-12 Girls 50 Butterfly	35.69
96	11-12 Boys 50 Butterfly	35.99
97	10-Un Girls 50 Backstroke	42.89
98	10-Un Boys 50 Backstroke	43.59
99	11-12 Girls 200 Freestyle	2:32.99
100	11-12 Boys 200 Freestyle	2:34.09
101	10-Un Girls 200 Medley Relay	NT
102	10-Un Boys 200 Medley Relay	NT
103	11-12 Girls 200 Medley Relay	NT
104	11-12 Boys 200 Medley Relay	NT

(All at Finals) (All at Finals)

Sunday.	AM
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	5	
105	13-14 Girls 200 IM	2:42.19
106	13-14 Boys 200 IM	2:36.29
107	15&O Girls 200 IM	2:33.99
108	15&O Boys 200 IM	2:24.09
109	13-14 Girls 100 Backstroke	1:15.89
110	13-14 Boys 100 Backstroke	1:12.69
111	15&O Girls 100 Backstroke	1:12.39
112	15&O Boys 100 Backstroke	1:07.19
113	13-14 Girls 100 Breaststroke	1:26.79
114	13-14 Boys 100 Breaststroke	1:23.49
115	15&O Girls 100 Breaststroke	1:22.79
116	15&O Boys 100 Breaststroke	1:17.29
117	13-14 Girls 50 Freestyle	30.29
118	13-14 Boys 50 Freestyle	28.89
119	15&O Girls 50 Freestyle	29.19
120	15&O Boys 50 Freestyle	26.69
121	13-14 Girls 400 Medley Relay	NT
122	13-14 Boys 400 Medley Relay	NT
123	15&O Girls 400 Medley Relay	NT
124	15&O Boys 400 Medley Relay	NT
Sund	ay Mid	
125	13-14 Girls 1500 Freestyle	19:56.79
126	13-14 Boys 1500 Freestyle	19:43.39
127	15&O Girls 1500 Freestyle	19:22.19
128	15&O Boys 1500 Freestyle	18:35.89
129	11-12 Girls 1500 Freestyle	21:47.19

130 11-12 Boys 1500 Freestyle

21:47.19

(All at Finals)	
(All at Finals)	
(All at Finals)	
(All at Finals)	

(Top-8 swimmers to race as first event at Finals) (Top-8 swimmers to race as second event at Finals)